

Health and Safety for Family Child Care Settings



The Health and Safety for Family Child Care Settings module series will deepen your understanding of how to provide a healthy and safe environment for young children. You'll explore ways to plan ahead and prepare the environment to reduce the spread of infectious illness and risk of injury. This engaging module series offers practical information that can be applied right away.

Consider this module series if you relate to the following:

- You care for young children in a home-based setting.
- You want the latest information on how to create healthy and safe environments for young children.
- You are interested in learning ways to reduce the risk of injuries and spread of disease when caring for young children.

Why This Module Series Is Unique

- Easy-to-follow 15-minute modules on important topics
- Interactive activities
- Real-life examples that are engaging and relatable
- Useful strategies to use right away

This series has eight modules. Here is a sample of what you will find in these modules:

Module 1: Emergency Preparedness in Family Child Care (15 minutes)

Explores various types of emergencies and components of emergency plans. Offers ideas on how to improve your emergency plan.

Module 2: Managing and Responding to Food Allergies (15 minutes)

Describes common food allergies and allergic reactions. Provides steps to plan for children who have allergies.

Module 3: Preventing Shaken Baby Syndrome/ Abusive Head Trauma (15 minutes)

Identifies the reasons shaken baby syndrome or abusive head trauma happens, the dangers of shaken baby syndrome, and signs a child may have experienced shaken baby syndrome or abusive head trauma. Offers strategies for what to do when a baby cries or has experienced shaken baby syndrome or abusive head trauma.

Module 4: Safe Practices for Handling Toxic Substances (15 minutes)

Identifies common toxic substances and poisons, safe practices for using and storing them, and standard precautions. Offers information on who to call in case of emergency.

Module 5: Safe Sleep for Infants (15 minutes)

Identifies safe sleep practices to reduce the risk of sudden infant death syndrome.

Module 6: Safe Spaces in Family Child Care (30 minutes)

Identifies features of safe environments and possible risks for injuries in the environment. Describes ways to check for and lower risks of injury or accidents.

Module 7: Stop the Spread of Infectious Disease (15 minutes)

Describes how infectious diseases spread and ways to stop the spread.

Module 8: Transporting Children (15 minutes)

Offers information on car seat safety and safe driving practices.



This module series is available at no cost. To enroll, create a free account on [California Early Childhood Online](#).